

February 2024

Nazareth Elementary/Intermediate Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

Groundhog Day, celebrated on February 2nd, came about because of a German superstition. They thought if a hibernating animal cast a shadow on February 2nd that winter would last another six weeks. If there was no shadow, spring would come early.

Cocoa Puff
Breakfast
Break

Whole Grain
Blueberry
Muffin

Cheerio
Cereal Bar
Breakfast
Break

Whole Grain
Banana
Bread Slice

Yogurt
&
Granola

Trix Cereal
Breakfast Break
Milk

Whole Grain
Chocolate Chip
Muffin

Pop Tart
Breakfast
Break

Whole Grain
Banana
Bread Slice

Yogurt
&
Granola

No
School
President's
Holiday

Whole Grain
Blueberry
Muffin

Cheerio
Cereal Bar
Breakfast
Break

Mini
Cinnamon
Roll

Yogurt
&
Granola

Trix Cereal
Breakfast Break
Milk

Whole Grain
Chocolate Chip
Muffin

Pop Tart
Breakfast
Break

Whole Grain
Banana
Bread Slice

Rise and Shine Breakfast

Breakfast meals
will NOT be served
on early dismissal
days or 2-hour
delays.

**Breakfast meals
are at no cost.**

Assorted 100% fruit
juice, assorted
fruit, apples,
raisins, mixed fruit
cup, peach cup,
pear cup daily.

Breakfast consists
of four components
(4 items):

A grain or protein,
fruit, vegetables
and milk.

Students must take
3 of the 4
components to
make a meal
complete. At least
one component
must be a fruit or
vegetable.

Menu is Subject to
Change:
USDA and this
institution are equal
opportunity providers.